

Northern California Chinese Athletic Federation

2015 Track and Field Meet Schedule

Track Race Schedule:

11:00am	100m	Track Race
11:30am	60m	Track Race
11:45am	1500m	Track Race
12:15am	4 x 100m	Relay Race
1:30pm	400m	Track Race
2:10pm	800m	Track Race
3:15pm	200m	Track Race
4:00pm	3000m	Track Race
4:50pm	4 x 400m	Relay Race
5:30pm	16 x 100m	Relay Race

Note: 100m Track Race will be started from Group A66 to K5-6

Field Schedule:

10:30am Girls / Boys High Jump

11:30pm Women / Men High Jump

1:30pm Girls / Boys Long Jump

1:30pm Women / Men Long Jump

3:30pm Girls / Boys Triple Jump

3:30pm Women / Men Triple Jump

10:30am Boys / Girls Shot Put

1:30pm Women / Men Shot Put